



Well Students, Safe Schools

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SENSORY WELLBEING HUB AT
LANE TECH COLLEGE PREP HIGH
SCHOOL



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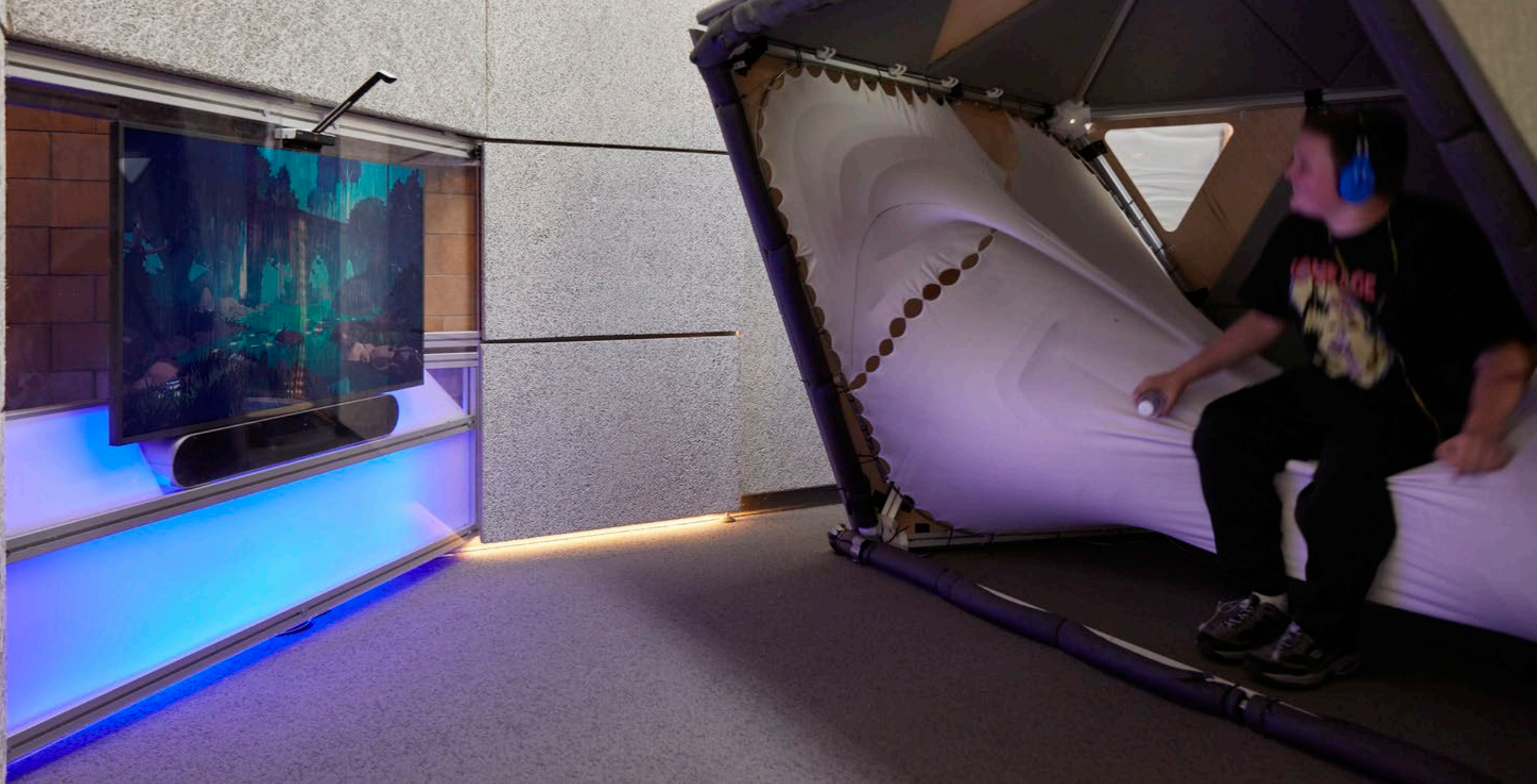
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LAKE HIGHLANDS HIGH SCHOOL HUB



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SCHOOL HUB

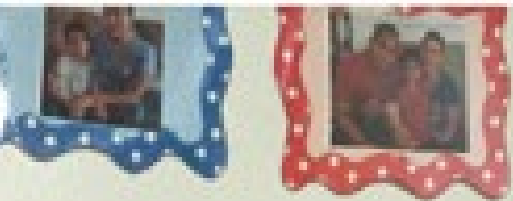


LAKE HIGHLANDS HIGH SCHOOL HUB



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OUR FEELINGS

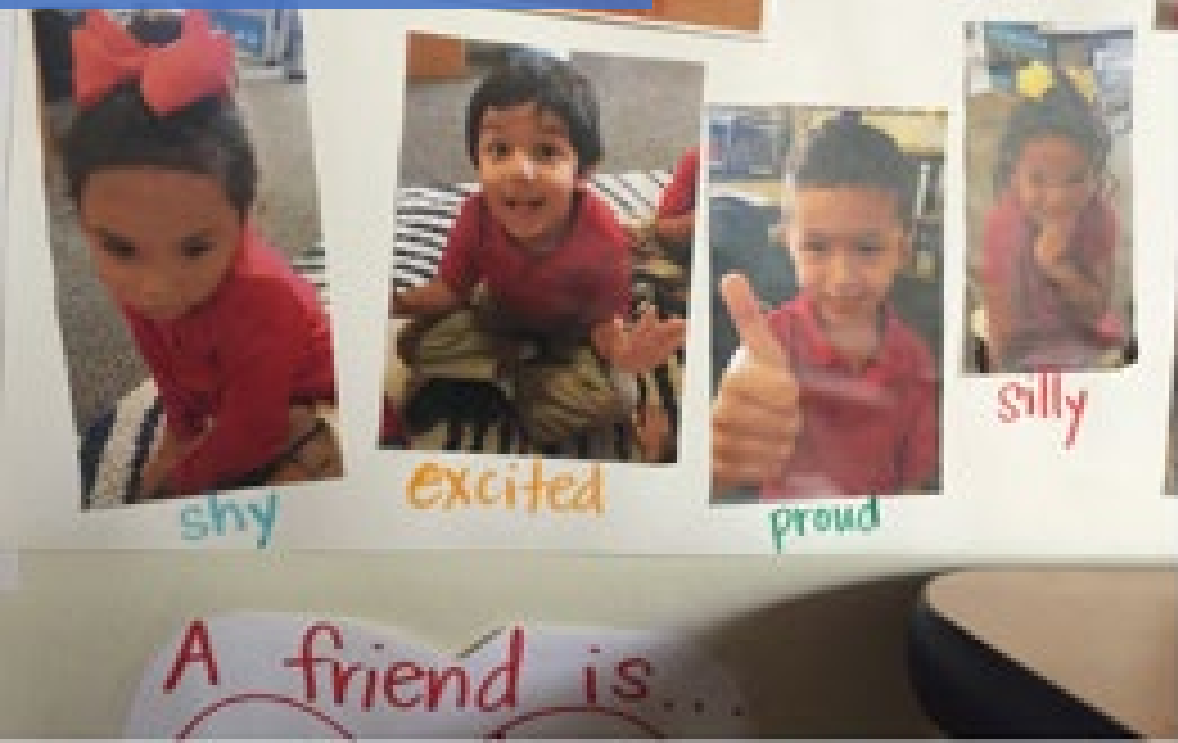
SHY
EXCITED
AFRAID
PROUD
LOVED
SURPRISED
HAPPY
SCARED
ANGRY
THANKFUL

Emojis
jealous
joyful
mad
happy
excited
sad




angry
frustrated
scared
proud
lonely
silly

A friend
caring
friendly
encouraging
respectful
playful



What I can do to change my mood

1. Hug someone (ask first)
2. Go to the reflection station
3. Breathe 
4. Send a friendly wish.
5. Think about a 😊





flip the
cafeteria

SAN FRANCISCO UNIFIED SCHOOL DISTRICT LUNCH PROGRAM REDESIGN



 **KITCHEN**

CLEAN UP

COMMUNAL EATING

In elementary schools, students sit around round tables, learn to serve one another, and discover foods together. Staff serve in courses off of a cart. With food served in stages, students eat more of every course and they no longer have to wait in line.

SETTLE YOUR GLITTER





Air

WELL promotes strategies to reduce or minimize sources of indoor air pollution.



Water

WELL promotes high quality water and improved accessibility.



Nourishment

WELL limits the presence of unhealthy foods and can encourage better food culture.



Light

WELL promotes lighting systems designed to increase alertness, enhance experience, and promote sleep.



Fitness

WELL encourages the integration of exercise and fitness into everyday life.



Comfort

WELL creates distraction-free, productive and comfortable indoor environments.



Mind

WELL optimizes cognitive and emotional health through design, technology and treatment strategies.



Innovation

WELL encourages innovation by allowing projects to submit ideas for new features under WELL concepts.





FITNESS

The WELL Building Standard for Fitness promotes the integration of physical activity into everyday life by providing the opportunities and support for an active lifestyle and discouraging sedentary behaviors.



LIGHT

The WELL Building Standard for Light provides illumination guidelines that are aimed to minimize disruption to the body's circadian system, enhance productivity, support good sleep quality and provide appropriate visual acuity where needed.



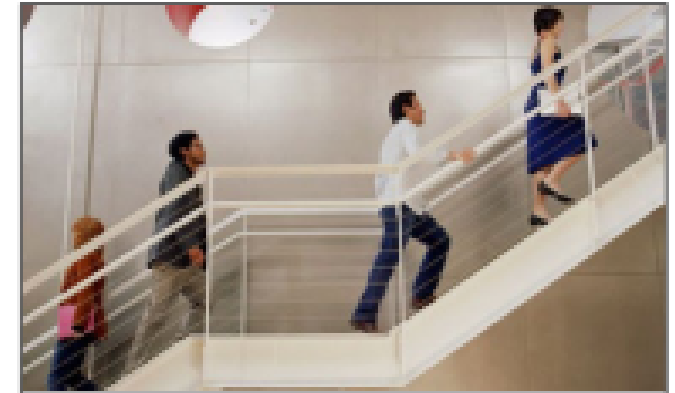
NOURISHMENT

The WELL Building Standard for Nourishment requires the availability of fresh, wholesome foods, limits unhealthy ingredients and encourages better eating habits and food culture.

64 INTERIOR FITNESS CIRCULATION

PART 1: STAIR ACCESSIBILITY

- a. Stairs are accessible to regular building occupants during all regular business hours.
- b. Wayfinding signage and point-of-decision prompts are present to encourage stair use (at least one sign per elevator bank).



PART 2: STAIR PROMOTION

In projects of 2 to 4 floors, at least one staircase meets the following requirements:

- a. Located within 7.5 m [25 ft] of the entrance to the building or the edge of its lobby.
- b. Clearly visible from the main entrance to the project, or located visually before any elevators present upon entering from the main entrance.
- c. Stair width set at a minimum of 1.4 m [56 in] between handrails.

87 BEAUTY AND DESIGN I

This feature is derived from the Beauty and Spirit Imperative of the **Living Building Challenge** and strives to construct thoughtfully designed environments that positively impact the mood and comfort level of occupants.

PART 1: BEAUTY AND MINDFUL DESIGN

The project contains features intended for all of the following:

- a. **Human delight.**
- b. **Celebration of culture.**
- c. **Celebration of spirit.**
- d. **Celebration of place.**
- e. **Meaningful integration of public art.**

