

# Engaging Middle School Students in Hands-on Science and Engineering through Sustainable Design Thinking



## Engaging Middle School Students in Hands-on Science and Engineering through Sustainable Design Thinking ☐ Calendars

**NOTE (07.16.14):** Per Donna, session date and time still tbd.

Alec Holser, Opsis Architecture; Michael Becker, Hood River Middle School; Hood River Middle School Students, Hood River Middle School

How do we design curriculum and facilities that reach out and connect young adults to provide engaging experiences in science and engineering that will be critical for creating a sustainable future? Using the Hood River Middle School FACS Food and Conservation Science program and the LEED Platinum/ Net-Zero Energy Science and Music building as a platform for understanding, conference participants will work with an exceptional group of middle school students in a hands-on group design workshop to create a fully integrated learning eco-system. The facilities architect, engineer and the program's teacher will provide the technical framework, while students facilitate side by side with conference participants in groups to discover how connections between systems are the foundation of integrated design.

Objectives:

- Attendees will meet an exceptional group of young students who completed an intensive design/build process that immersed them in the science and engineering disciplines.
- Attendees will gain perspective on how sustainable architecture can influence educational curriculum and captivate the interests and imaginations of a diverse student body.
- Attendees will explore ways they can use building and landscape architecture to create a living laboratory
- Attendees will learn about the specific technical innovative sustainable design strategies to achieve a net-zero educational facility

# Hood River District Students

Michael Becker

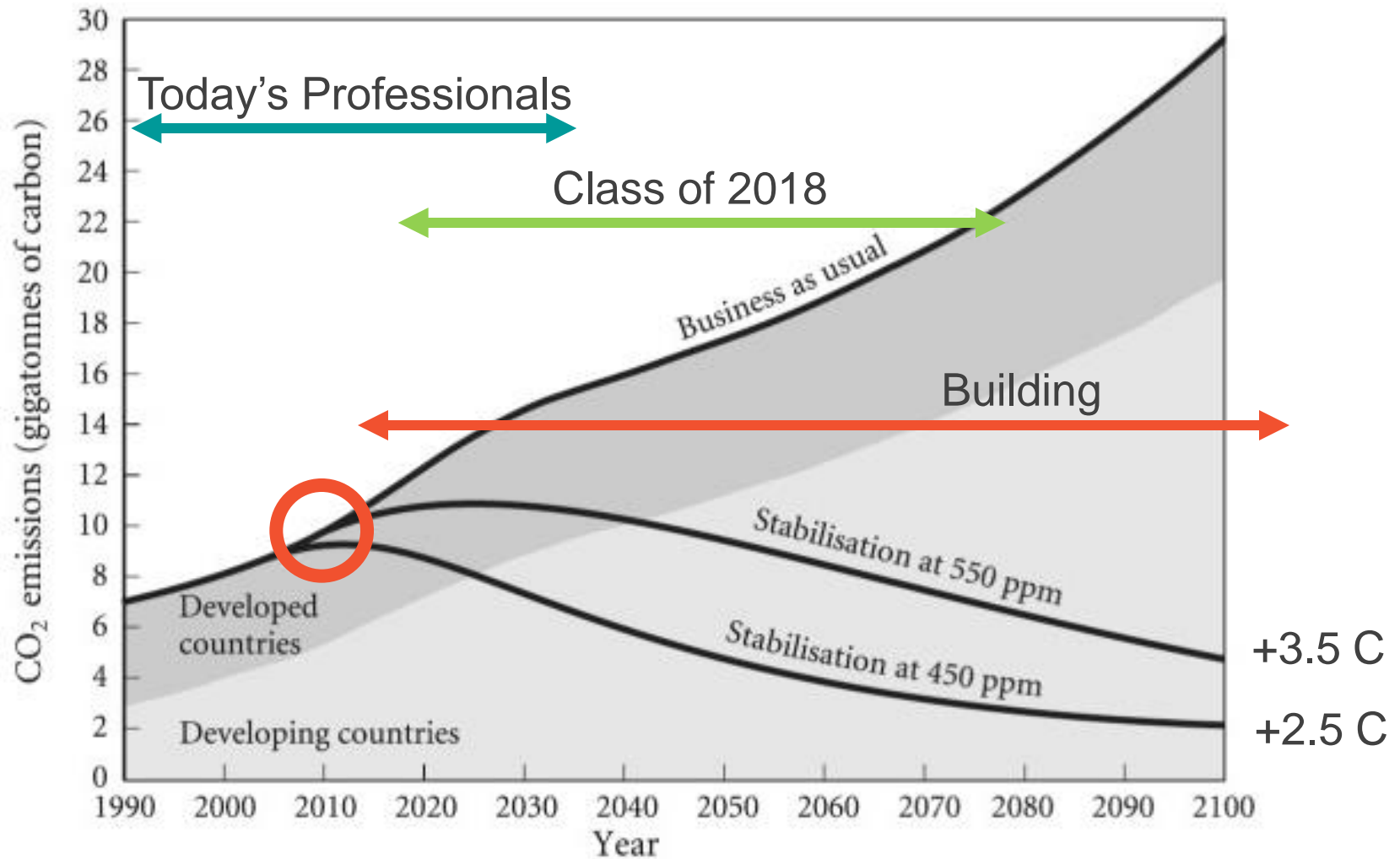
Hood River Middle School

Alec Holser

Opsis Architecture



# Future Greenhouse Emissions



UK Department of Environment





*Basically, the earth needs a new operating system, you are the programmers, and we need it within a few decades.*

- Paul Hawkins 2009





# Hood River Middle School

National Historic Register Building









# Hood River Middle School 1998

## Outdoor Classroom Project





# Oregon Department of Education

## STEM Curriculum



### *Standards By Design:* *Seventh Grade for Science*



## Science

### Seventh Grade

Seventh grade science students refine their understanding of how the components and processes within living and non-living systems interact and affect their characteristics and properties. They learn about gravitation, forces, and laws of motion. They study atoms, elements, and compounds. They develop an understanding of reproduction, inheritance, phenotypes, genotypes, chromosomes, and genes. Students learn about the processes plants and animals use to obtain energy and materials for growth. They study how Earth's atmosphere, land forms, resources, and climate change. Students deepen their understanding of scientific inquiry as the investigation of the natural world based on observation and science principles that includes proposing questions or hypotheses, collecting, analyzing, and interpreting multiple forms of data to produce justifiable evidence-based explanations. They build their understanding of engineering design as a process of identifying needs, problems, and constraints, and developing and evaluating proposed solutions.

\*It is essential that these standards be addressed in contexts that promote scientific inquiry, use of evidence, critical thinking, making connections, and communication.

**7.1 Structure and Function: Living and non-living systems are composed of components which affect the characteristics and properties of the system.**

7.1P.1 Explain that all matter is made of atoms, elements are composed of a single kind of atom, and compounds are composed of two or more different elements.

7.1L.1 Compare and contrast sexual and asexual reproduction. Explain why reproduction is essential to the continuation of every species.

7.1L.2 Distinguish between inherited and learned traits, explain how inherited traits are passed from generation to generation, and describe the relationships among phenotype, genotype, chromosomes, and genes.

**7.2 Interaction and Change: The components and processes within a system interact.**

7.2P.1 Identify and describe types of motion and forces and relate forces qualitatively to the laws of motion and gravitation.

### Science Numbering Key Example: K.2P.1

**K** = Grade

**2** = Core Standard strand (strands are 1=Structure and Function; 2=Interaction and change; 3=Scientific Inquiry; 4=Engineering Design)

**P** = Science Discipline (disciplines are P = Physical; L = Life; E = Earth and Space; S = Scientific inquiry; D = Engineering Design)

**1** = Number of the content standard for this grade, strand, and discipline

Standards By Design: Seventh Grade for Science

04/27/2012 2/4

# FACS -Food and Conservation Science

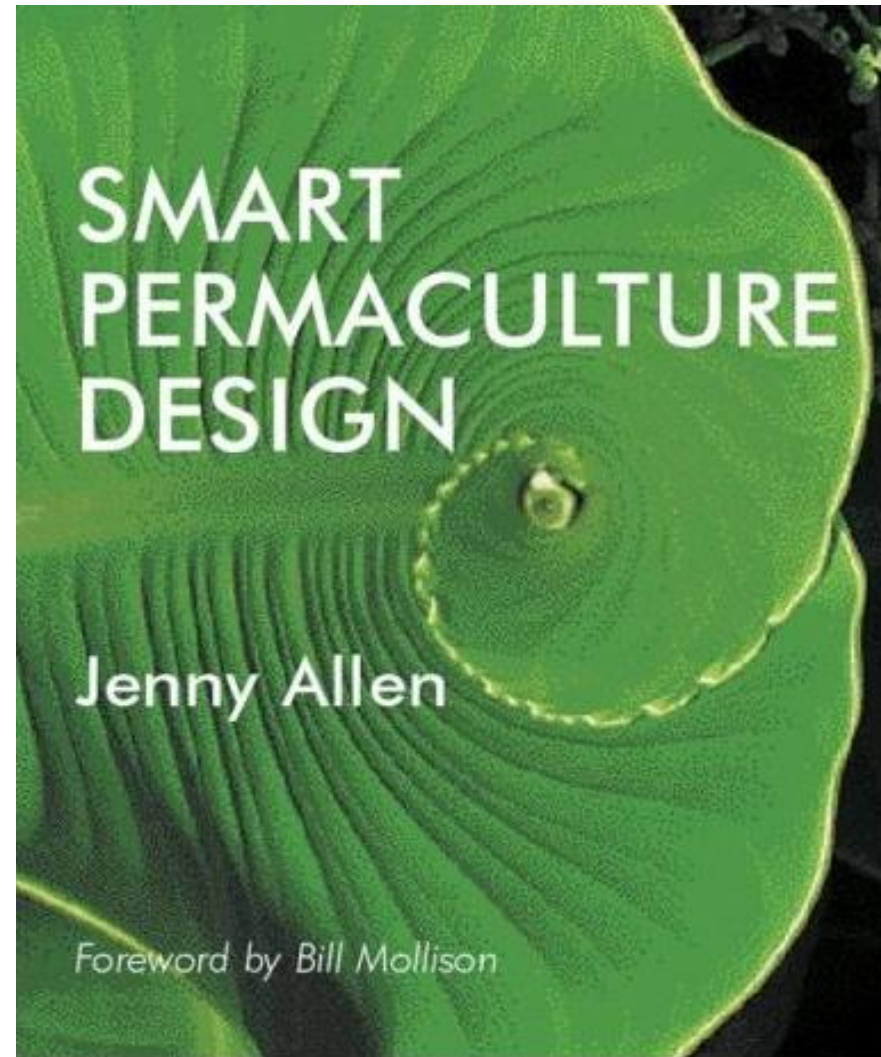
Food, Energy, Water, Waste





# A Connective Approach

- Live things
- Independent leadership
- Hands-on interdisciplinary learning
- Project based learning
- Design Thinking – non linear / not preconceived



# Our HRMS Roadmap

Relative Location    Each Element Provides Many  
Functions    Each Function Supported by Many Elements    Efficient  
Energy Planning    Use Biological Resources  
Care of People / Care of Earth    Obtain a Yield    Energy  
Cycling and Recycling    Intelligent Redistribution  
Small Intensive Systems    Accentuate  
Succession    Diversity is Stability    Edge Effect  
Creative Problem Solving

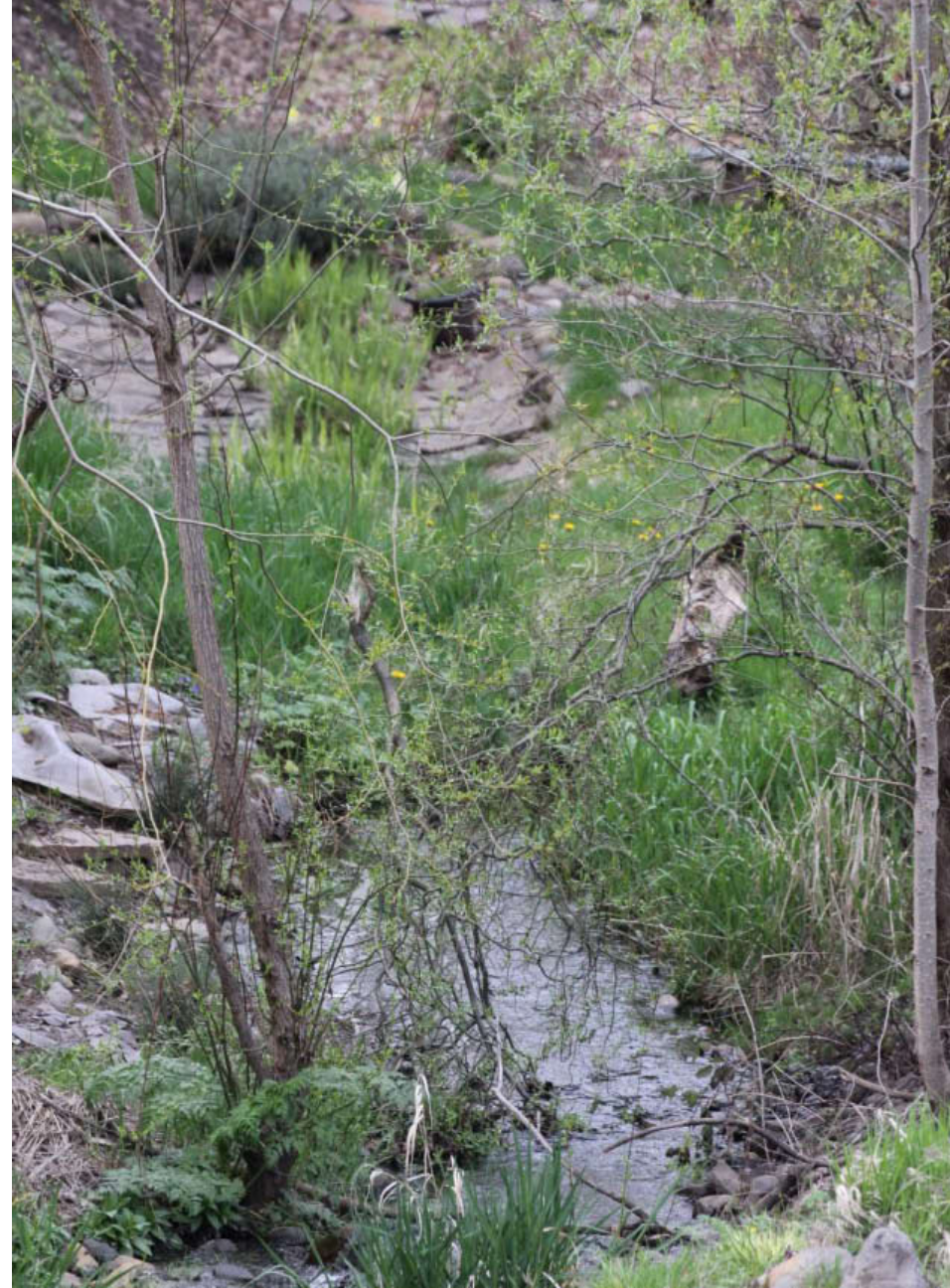


# Defining A Sustainable Vision

## Eco-Charrette



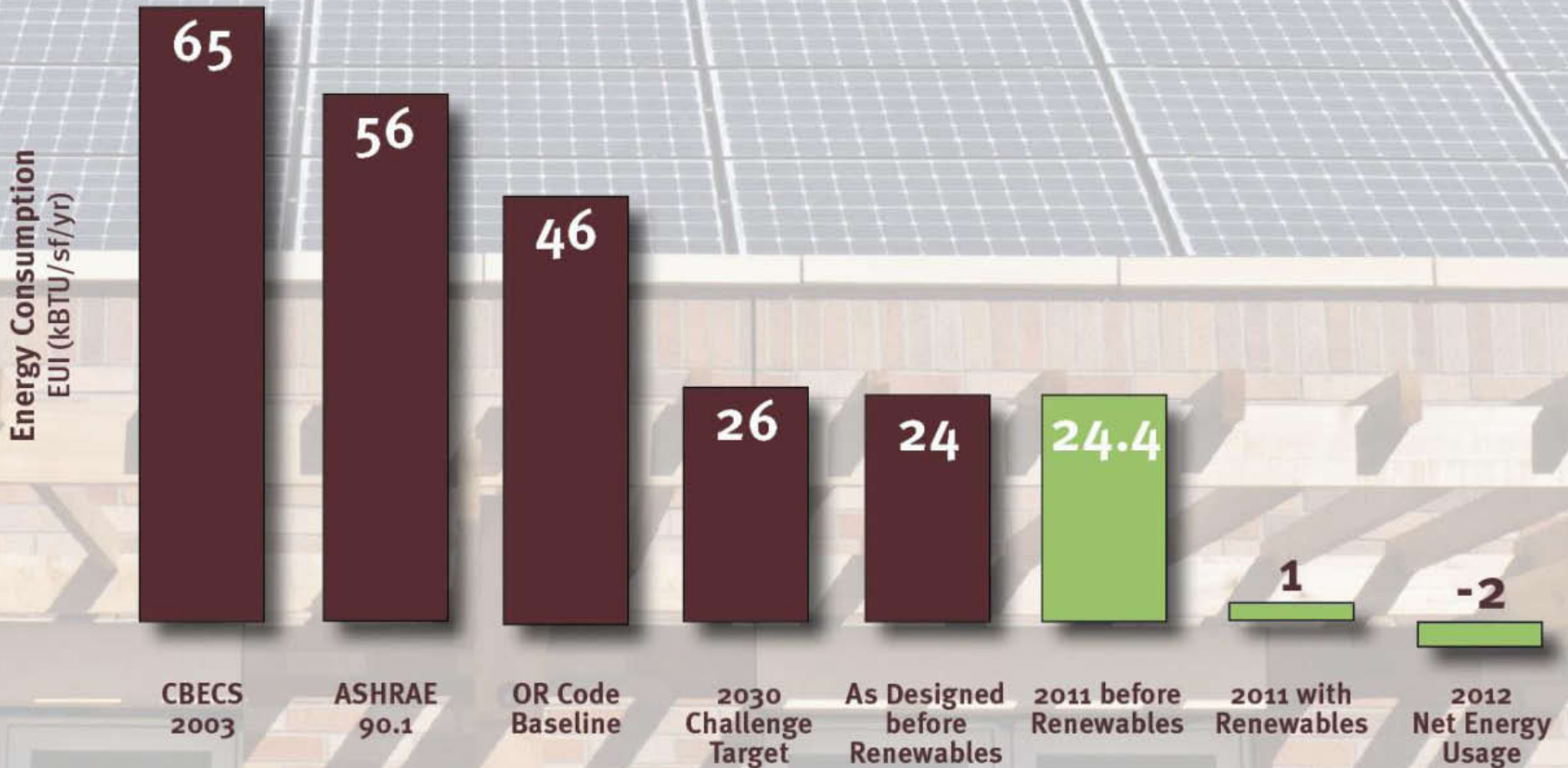






# Path to Net-Zero

# Goals



# Path to Net-Zero

## Platinum Goals



## Net-Zero:

**Sustainable Sites:** Open space, stormwater management, reduce heat island effect

**Water Efficiency:** Low water landscaping, efficient fixtures

**Energy & Atmosphere:** 67% energy use reduction

**Materials & Resources:** Recycle construction waste, use recycled/regional/rapidly renewable materials

**Indoor Environmental Quality:** Daylight and views, increased ventilation, enhanced thermal comfort

**Produce as much energy as the building consumes**

**33%**

**energy production**

# Path to Net-Zero

# Goals

## Net-Zero Water

- Rainwater collection and storage
- Efficiency of use, treatment for use
- On site wastewater and stormwater treatment

## Net-Zero Energy

- Reduce use through efficiency measures
- Produce energy through renewable technologies (solar and wind power)

## Net-Zero Site

- Restorative and Food Productive Landscape
- Maximize learning opportunities





# Resource Flows

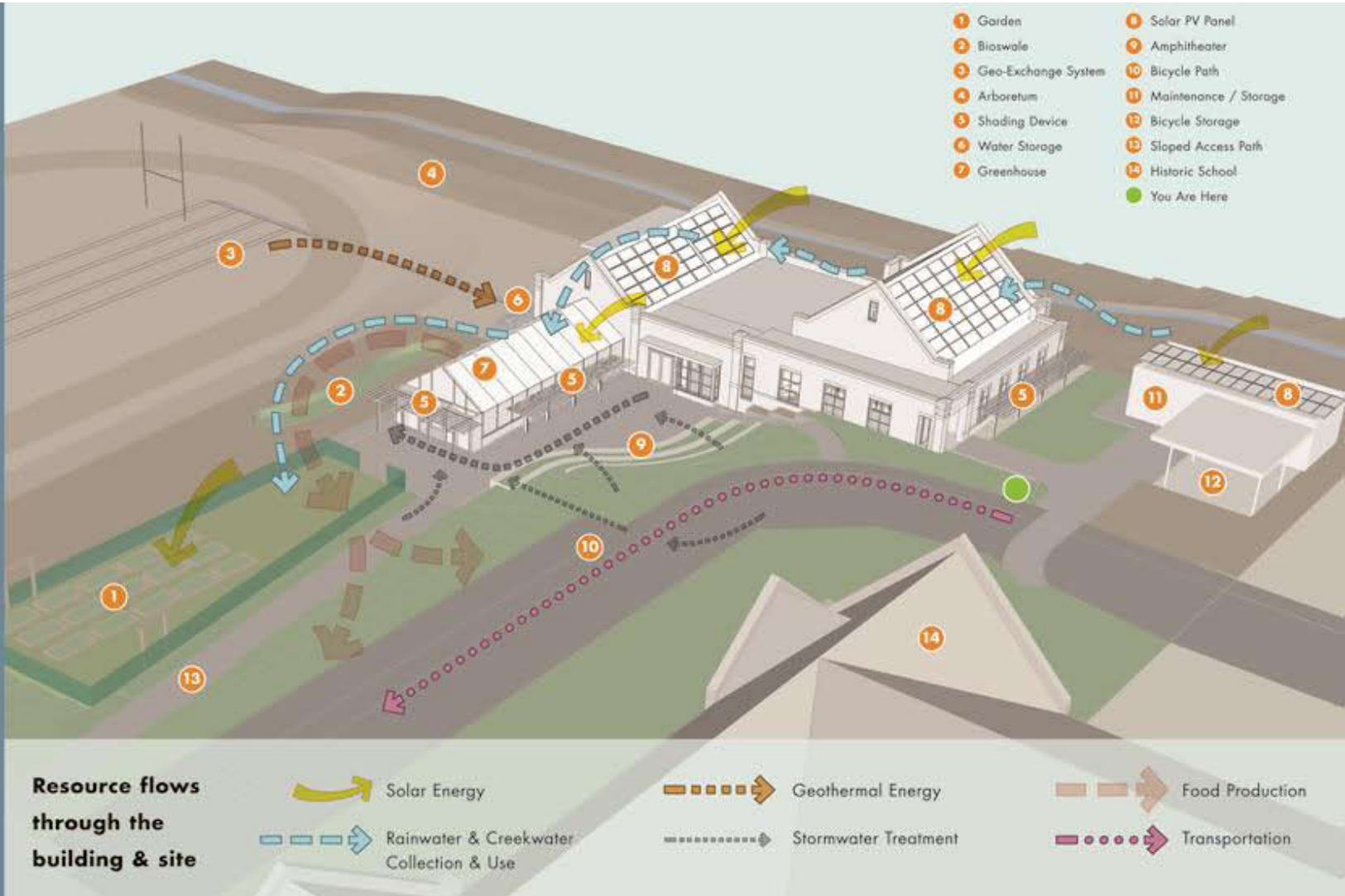
## Goal

Reduce the use of resources and increase environmental awareness through design, construction and use of the building and grounds.



## Methods

- Create a net-zero energy building that uses no more energy than it creates through efficient building systems and responsible use of resources available on the site.
- Create a building that teaches sustainable concepts and systems.
- Reduce impact on the water cycle.
- Reduce use of building material through the use of recycled and re-used materials.
- Create an environment that is conducive to health and learning by making good use of daylight, acoustical properties and natural ventilation.
- Create a site that can be used to produce food, provide habitat for native species, compost waste and bring community together.







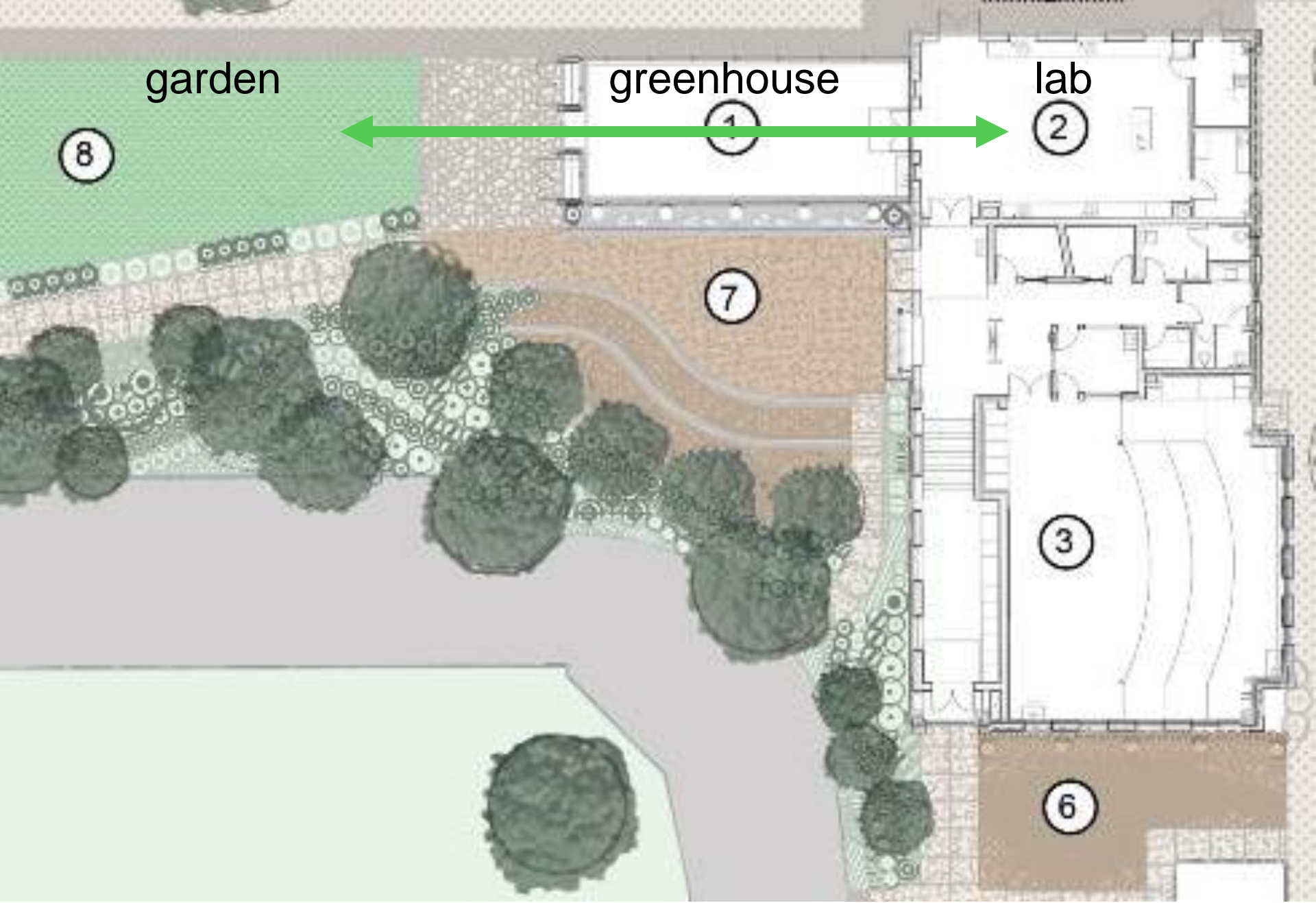
MUSIC AND SC



# Project Site



- 1 Greenhouse
- 2 Science Classroom
- 3 Music Classroom
- 4 Bicycle Parking
- 5 Recycling Storage
- 6 Plaza
- 7 Amphitheater
- 8 Vegetable Garden
- 9 Bioswale
- 10 Underground Cisterns
- 11 Existing Historic School



garden

greenhouse

lab

8

1

2

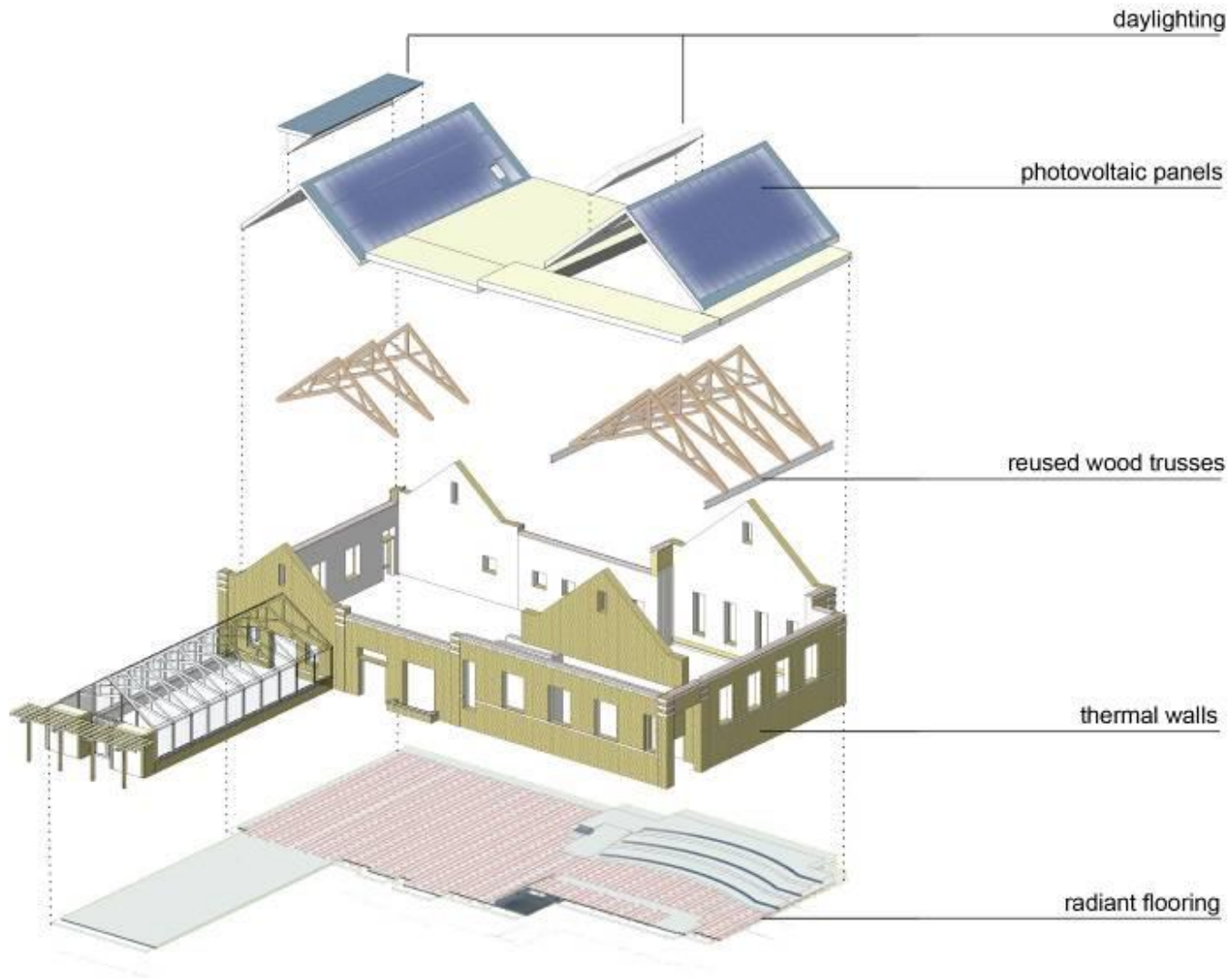
7

3

6



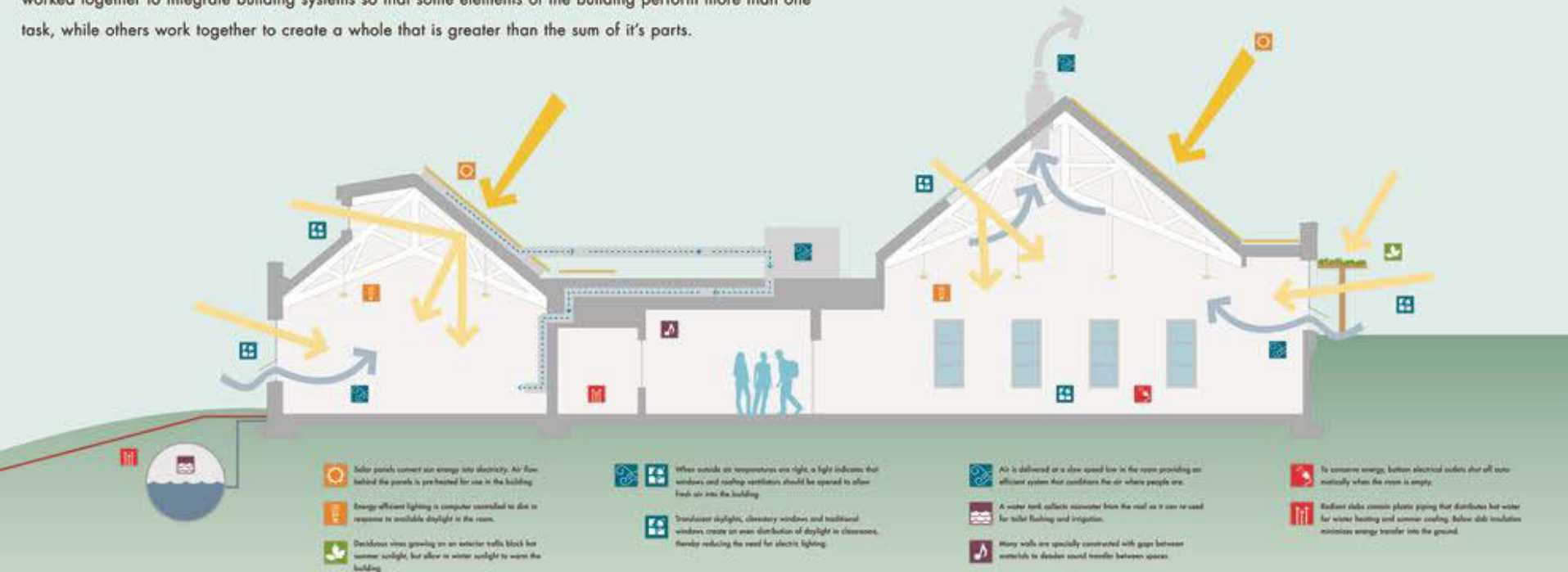
# Integrated Design



# Integrated Design

## How does this building work?

Many strategies were used to conserve resources in this building. Architects and different types of engineers worked together to integrate building systems so that some elements of the building perform more than one task, while others work together to create a whole that is greater than the sum of its parts.









# Dashboard



Earthright™ Energy Dashboard

Current energy use at Hood River Music Science

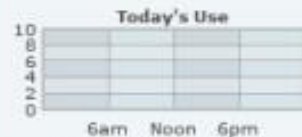
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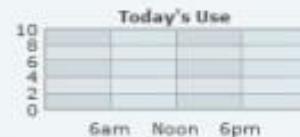
Electricity



Solar



Water



Current Location:

Hood River Music Science  
72 people, 5331 Sq. Feet



Did you know?

Solar panels produce electricity for use in the building or elsewhere. While there is no battery system to store energy on site, the goal is for the panels to produce as much energy over the course of a year as is needed to power the building.



Home



Green Facts



Electricity



Solar



Water



Weather



Powered by Delta Controls. Copyright (c) 2010.

# Water Cycles



## Water moves through the site

Much of the water for the building is collected, treated, processed (for heat), stored, used and re-treated onsite. Potable water (for sinks and fountains) is supplied through the city's water system.



### Rainwater

Collected onsite from roof surfaces and stored in an underground tank.



### Streamwater

Water diverted from the creek is used for irrigation and flows through a heat exchanger to provide additional cooling for the building.



### City Water

Treated water is delivered by the City's water system for potable (drinking) water uses.



### Irrigation Water

Water is collected from various sources onsite and used to irrigate fields and gardens.



### Toilet Water

Rainwater is collected and filtered onsite and then used in the building's toilets.



### Blackwater

Waste water from toilets and sinks is sent to a sewage treatment facility for treatment.



### Stormwater

Rainfall is collected from onsite roads, paths and sidewalks, and is treated in the onsite bioswale.

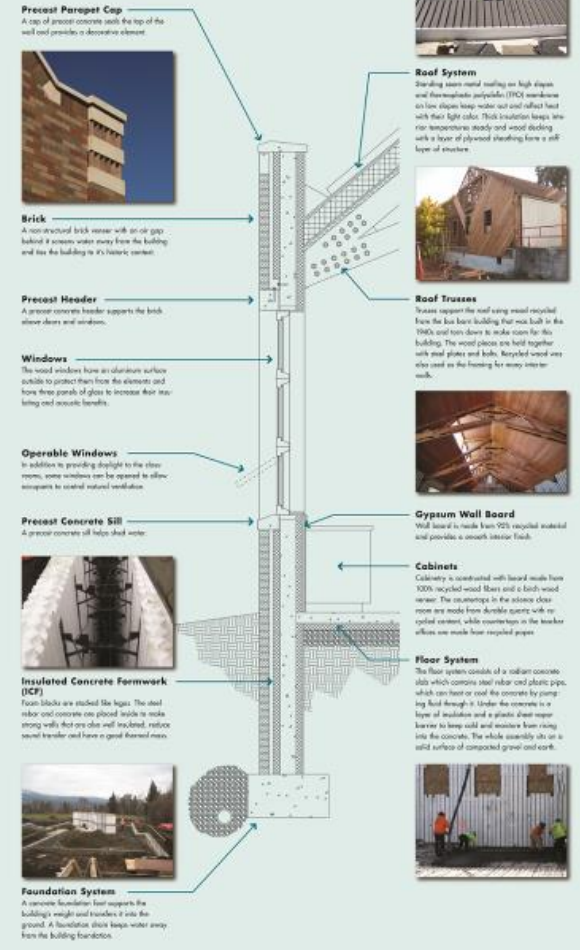




# Building Materials



## A slice through the building shows how it is constructed















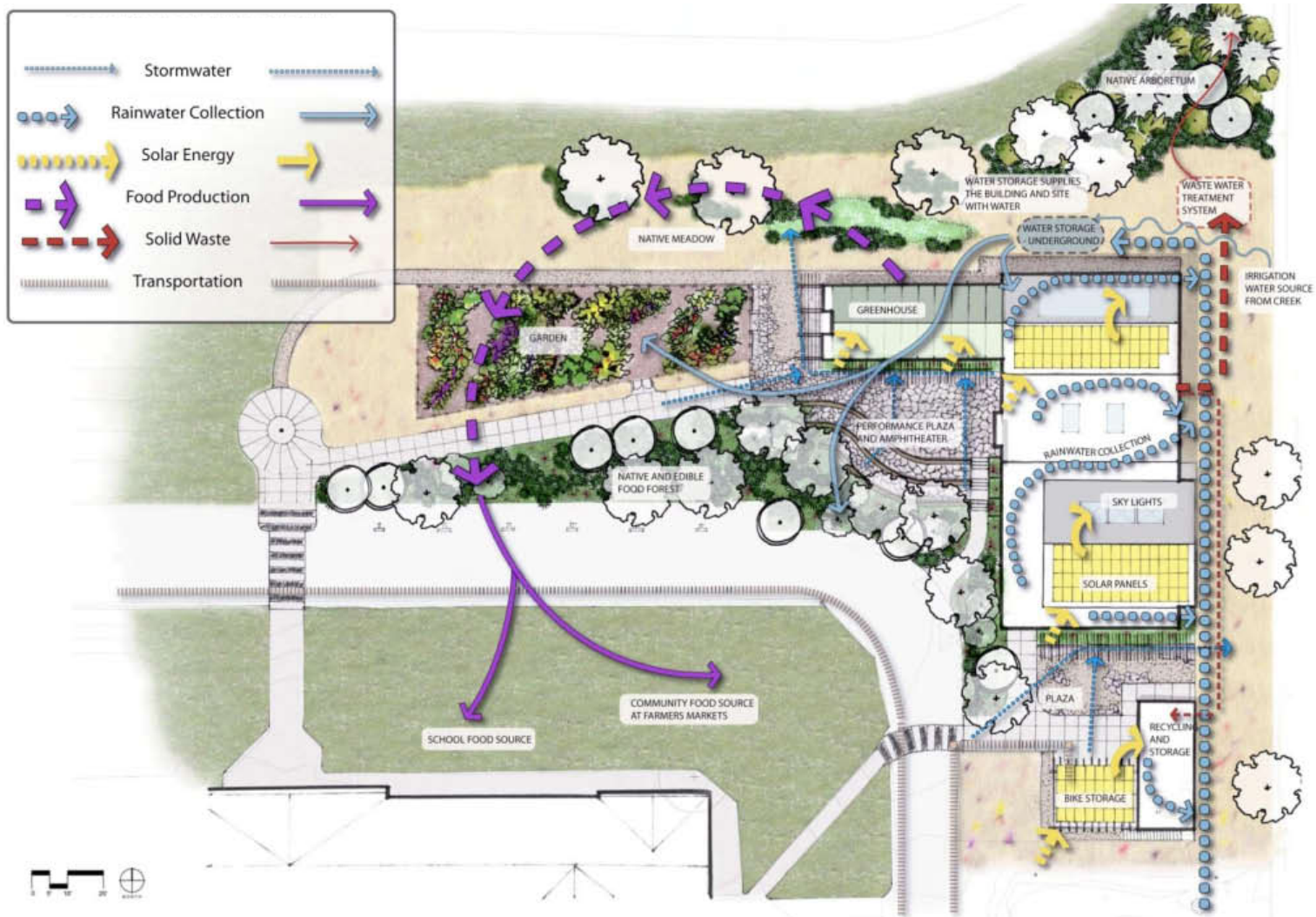
# Garden Flow - Permaculture



From [The Permaculture Classroom](#) by Michael Becker



# Resource Flows



















CEFPI 2014



Opsis Architecture | Hood River Middle School



# Garden and Produce





# Getting Dirty





# Worm Bins





# From Garden To Market





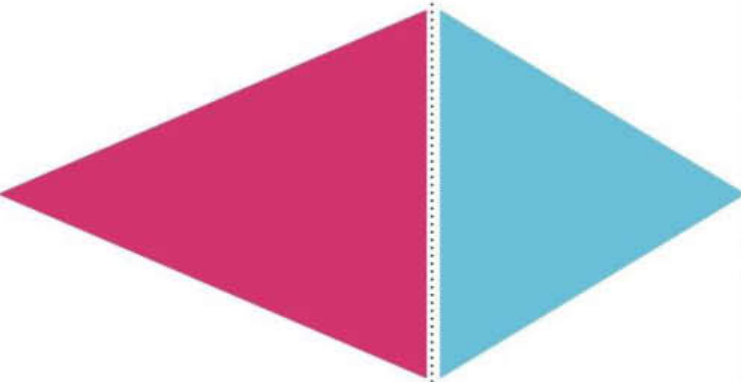
# Community Kitchen



# Design Thinking

## Understand

Understanding ends in **Insight**.

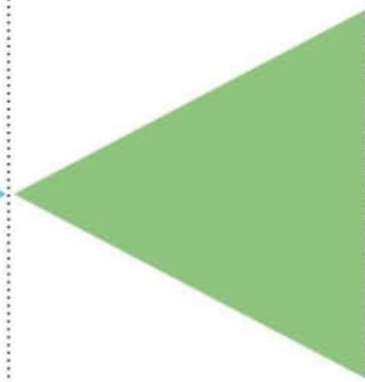


*Empathy*

*Define*

## Create

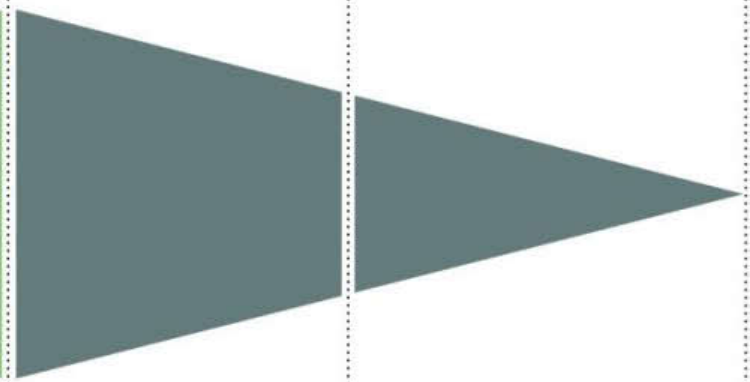
Creation ends in **ideas**.



*Ideate*

## Deliver

Delivery ends in **reality**.



*Prototype*

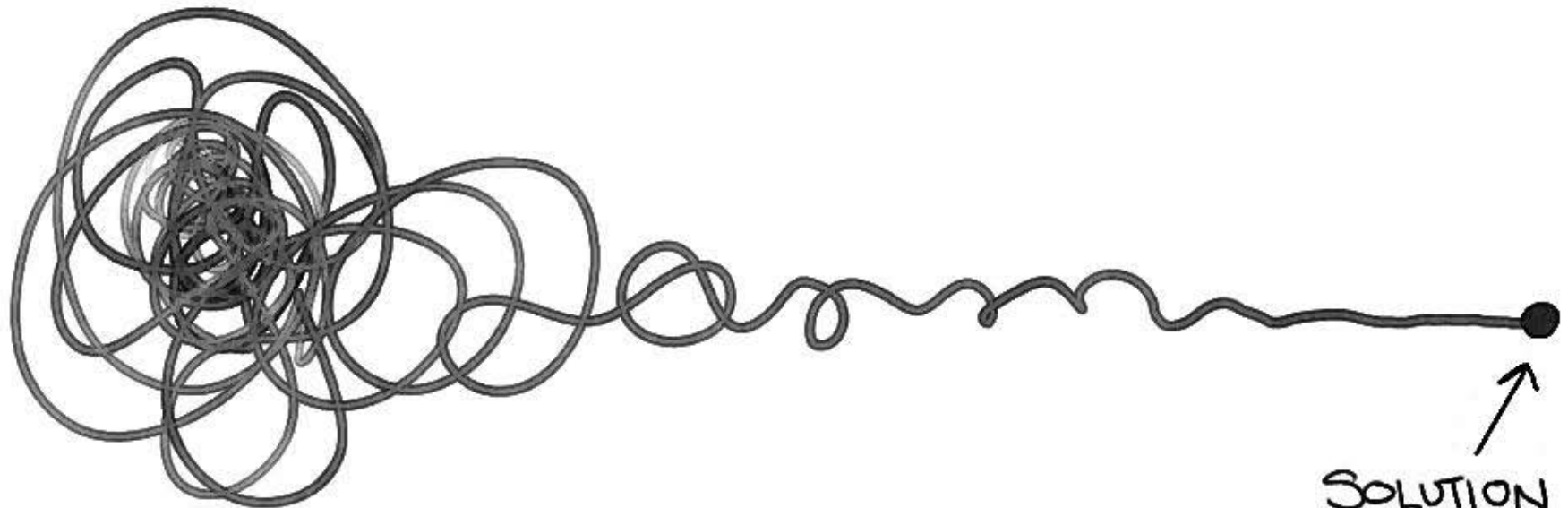
*Test*



# Design Thinking

UNCERTAINTY / PATTERNS / INSIGHTS

CLARITY / FOCUS



SOLUTION  
↑

RESEARCH

CONCEPT

PROTOTYPE

DESIGN

Materials List:

Trays  
 Tank pump  
 Tubing

KELLAN

PIPES

$x \times x^2$   
 $\div \sqrt{x}$

$H \frac{1}{2} B H W$   
 $V_{TRAY} = 55296 m^3 H = 12"$   
 $\times 2 = 110592 m^3 W = 48"$   
 $D = 192"$   
 $V_{TRAY WATER} = 16588 m^3 W$   
 $17342$   
 $A = DW = 1584 m^2$   
 $\times 4$   
 $H = 38"$   
 $D = 36"$   
 $W = 44"$

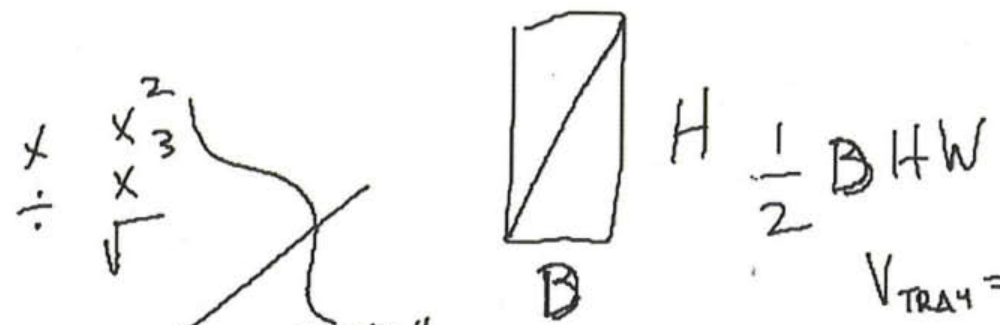
$L = V_{TW} = 16588 m^3 = 1584 \cdot h$   
 $h = 10.47 m$

ASSUMPTIONS: 70% OF V<sub>TRAY</sub> WILL BE GRAVEL PLANTS

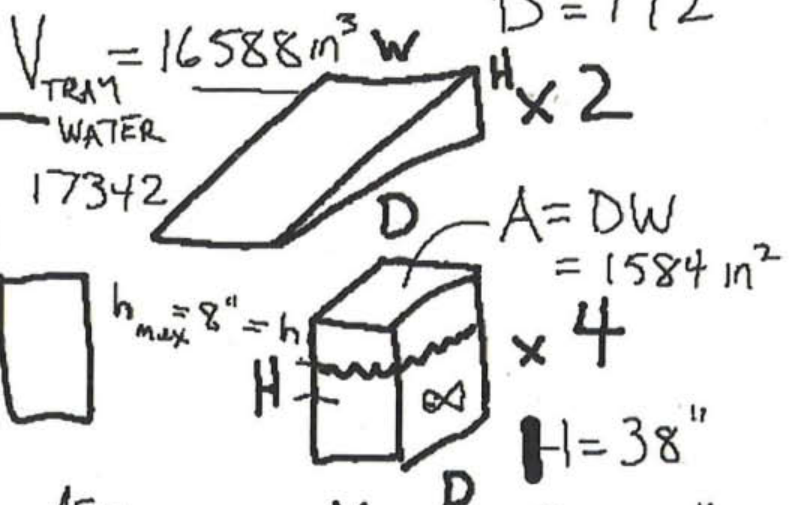
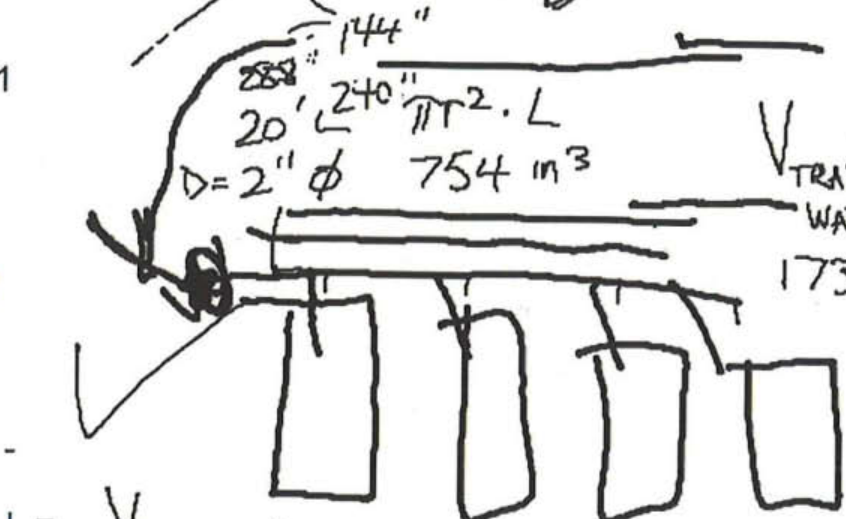
%	h
70	25
50	
35	50?



PIPES



$V_{TRAY} = 55296 m^3$   $H = 12''$   
 $\times 2 = 110592 m^3$   $W = 48''$   
 $D = 192''$

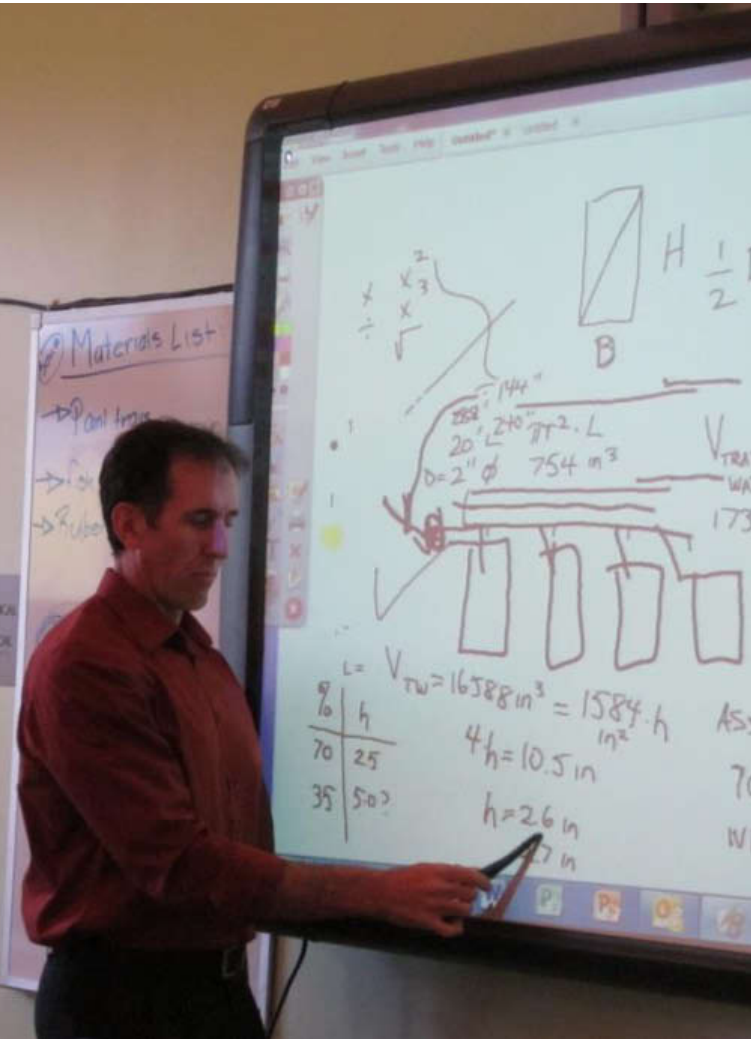


$L = V_{TW} = 16588 m^3 = 1584 \cdot h$   
 $4 \cdot h = 10.5 in$   
 $h = 2.6 m$   
 $2.7 m$

%	h
70	2.5
50	
35	5.0?

ASSUMPTIONS  
 Red  
 70% of  $V_{TRAY}$   $W = 44''$   
 WILL BE GRAVEL PLANTS

# Living Systems Machine













# Fish Tanks









# Passive Solar House





# Cobb Oven Project

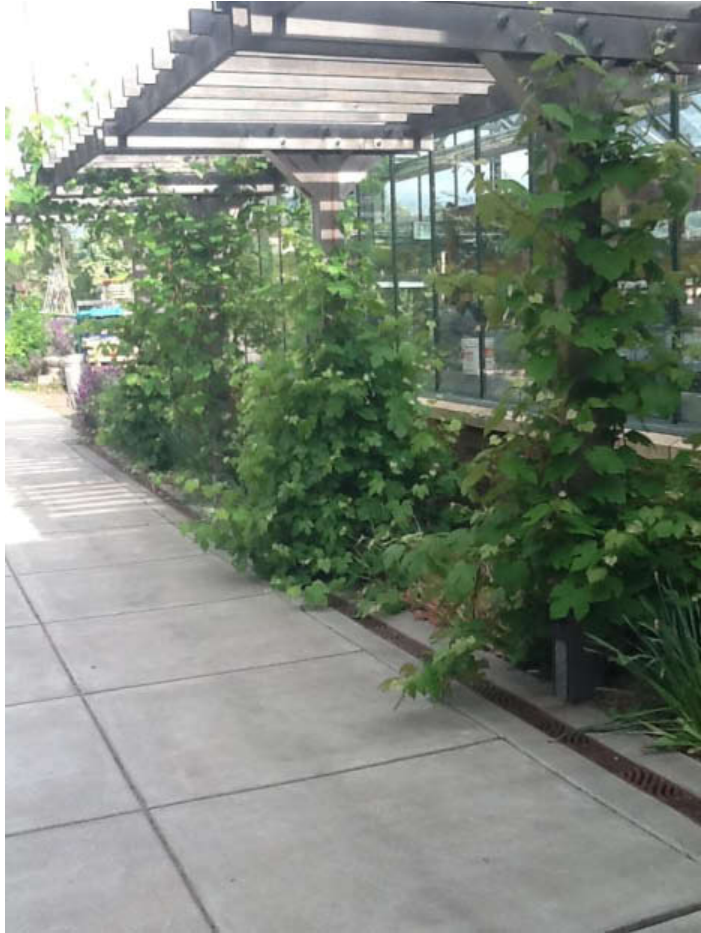


# Bridge Project





# Greenhouse Climate Control



# Current Projects

Outdoor Kitchen

Outdoor classroom

Willow tunnel

Climate battery

Fish tanks

Bridge

Plant propagation

Arches





# Art + Science



# Eco System Design Workshop







# Participants

## 6<sup>th</sup> Grade

Grace Whitmore

Audrey Becker

Kiki Hosaka

Erin Sutherland

Rose Dillon

Lauren Greenleaf

Brynnan Burns

## 7th Grade

Elle Smith

Lucy Fine

Julia S

Megan Daley

## High School

Beth Mixon

Collette Zack

Lucy McLean

Jestena Matsen

## 8th Grade

Victoria Kohner

Morgan Graves





